



Corporate Counseling Associates  
People it forward.™

## Behavioral Health Management

CCA's Managed Behavioral Health Care Program is an extension of our core EAP services. It helps client organizations manage their behavioral health care utilization and costs. The program includes Gatekeeper, Utilization Review and Case Management components.

CCA's Managed Behavioral Health Care Program provides those who access the benefit through the EAP with a higher rate of reimbursement. The service operates in the following ways:

- The service provides a professional assessment and clinically appropriate short-term treatment plan.
- Where appropriate, the EAP provides short-term counseling. This eliminates the redundancies that may exist between the EAP and mental health benefit.
- If necessary, the EAP refers the employee or family member to the most appropriate provider in the network; we have negotiated reduced fees with many of them.
- The EAP continues to manage transitions to different levels of care and is available to provide additional resources and referrals for the problem as well as other issues that may arise.

Our clients who participate in this program experience a substantial reduction in behavioral health benefit costs. It is a “win-win” situation; employees and family members get the intensive, comprehensive care they need, while employers enjoy reduced costs and increased productivity.